

Read and follow instructions carefully. If you have questions, don't hesitate to call our office.

- If you have bleeding, a gauze pad should be placed directly over the surgical site and should be kept in place for 20 minutes at a time by biting firmly on the gauze or by using pressure with your hand. The less you disturb the area the better. Discontinue using the gauze when it comes out light pink or clean. Remove the gauze when you eat and drink. Re-apply when finished, only if needed.
- If you were given any prescriptions, **please take all prescriptions as directed.** Ibuprofen or over-the-counter pain medication should be started as soon as you get home and have something to eat. Ideally, pain medication should be started before the numbness has worn off to decrease the chances of unwanted discomfort.
- If you were given a prescription for Peridex, start rinsing the day after surgery, twice a day for five days and then stop (unless otherwise directed by the doctor).
- **Women please note:** Some antibiotics may interfere with the effectiveness of your birth control. Check with your pharmacist or Primary Care Physician if you have questions or concerns.
- Cool, soft foods are recommended. No hot foods or liquids until the numbness is gone. Chew on the opposite side of your mouth, away from the surgical site. Avoid hard, crunchy, or chewy foods.
- If you have stitches, they will dissolve and fall out on their own (unless otherwise directed by the doctor). They may last anywhere from two days to one week.
- Good oral hygiene is essential to good healing. Brush your teeth, being very gentle around the surgical site.
- Rinse very gently for the first 3 days. Vigorous rinsing may cause the stitches to come out prematurely.
- It can take up to 10 business days to receive the Biopsy Report. We will contact you in 10-14 days to review your Biopsy Report with the doctor either in the office or over the phone.

**Please keep in mind, you will be billed separately from The Ohio State University for the processing of the biopsy specimen. If you have provided us with a copy of your medical insurance card, we will send that information to The Ohio State University in an effort to maximize your insurance benefits.**